Ohio Department of Medicaid Population Health & Quality Strategy

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Ohio Department of Medicaid's New Population Health and Quality Strategy

Jon Barley, PhD, Chief, Bureau of Health Research and Quality



Learning Objectives

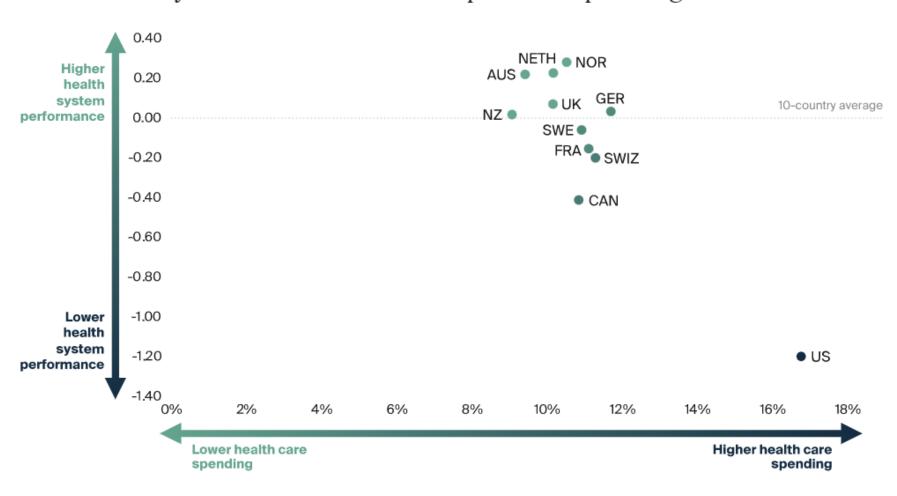
- How the Ohio Department of Medicaid (ODM) is recalibrating expectations of managed care plans to focus first on the individual rather than the business of managed care in an effort to meaningfully improve the health outcomes of members who have entrusted their care to the Medicaid program
- ODM's focus populations and their respective health outcome goals outlined in ODM's Quality Strategy
- How ODM aims to apply a population health strategy to reduce disparities and improving health outcomes

Conflicts of Interest

• I have no financial relationships with any commercial interest related to the content of this activity.



Health Care System Performance Compared to Spending

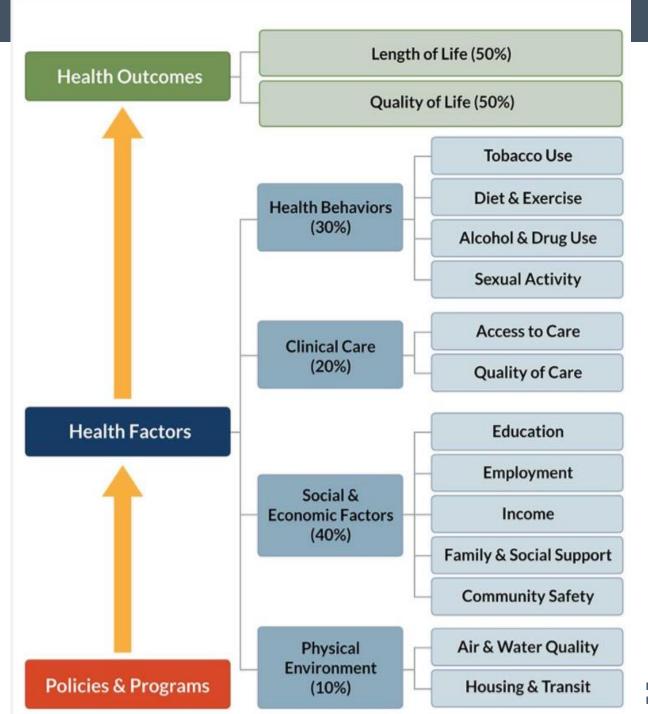


CommonWealth Fund (2021)
71 Perf. Measures across 5 Domains

- Access to Care
- Care Process
- Admin Efficiency
- Equity
- Health Outcomes

Note: Health care spending as a percent of GDP. Performance scores are based on standard deviation calculated from the 10-country average that excludes the US. See How We Conducted This Study for more detail.

Data: Spending data are from OECD for the year 2019 (updated in July 2021).





Albert Einstein

"We cannot solve our problems with the same thinking we used when we created them."



The Next Generation of Managed Care





Goals of Ohio's Future Managed Care Program





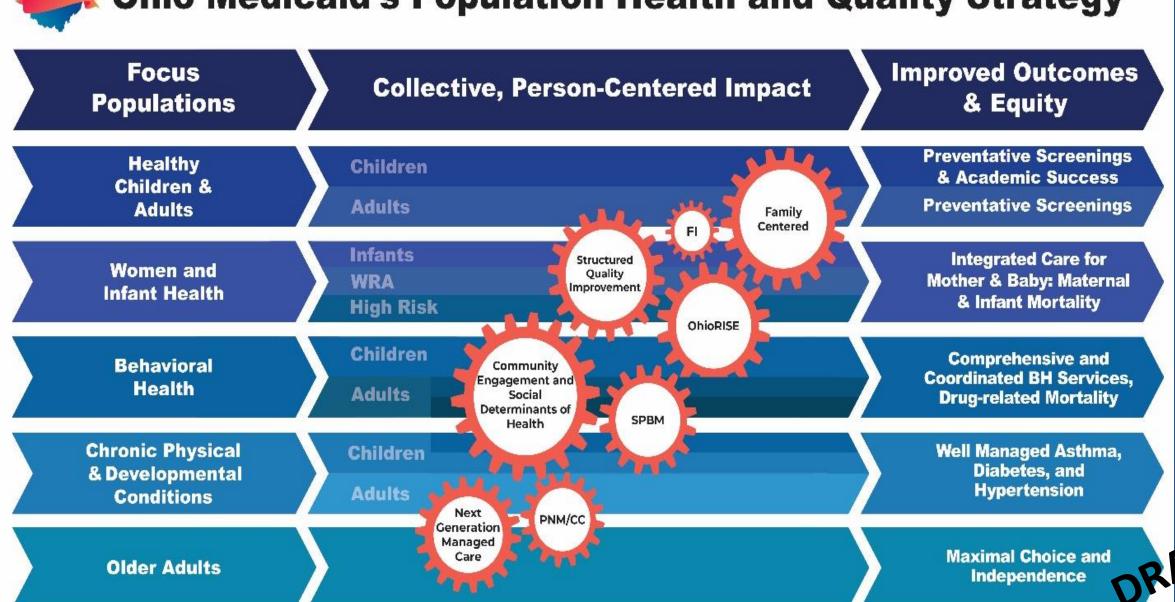






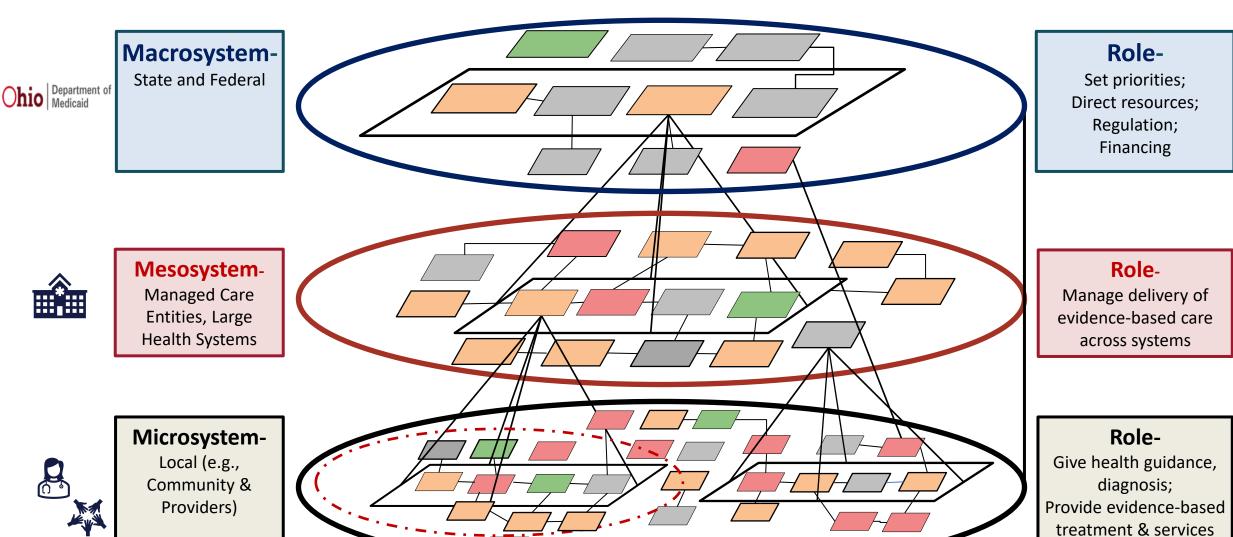


Ohio Medicaid's Population Health and Quality Strategy





Alignment Framework to Improve Population Outcomes





Simplified "Stairstep" Framework for Population Health Management

Develop System



Get/Keep Individuals in the System



Identify Higher Risk (sub) Populations



Provide Best-evidenced Care & Enhanced Services



Maintain and Support Lifecourse Continuity





Increase

Program

Transparency

and

Accountability

Improve Care

for Children

and Adults with

Complex Needs

Person-centered Goals

Population Health Principles

Improve Wellness and Health **Outcomes**

Emphasize a Personalized Care Experience

Support Providers in **Better Patient** Care

1. Keeping individuals & their families at the center of all efforts to identify and meet population needs by:



Removing barriers to care



Using information to optimize collaboration & coordination, ensure consistent coverage, & tailor initiatives



Connecting with & having a physical presence within members' communities

2. Valuing wellness by:



Investing in preventive, health promotion, wellness services, & primary care



Ensuring health equity in all policies, practices, & operations;



Emphasizing strengths-based integration of physical and behavioral health care.

Health Equity

Optimal Delivery System:

- Best Payer Practice
- Clinical Best Practice



Population Health Improvement Approaches

Care Coordination:

Providing support and resources across the continuum of need

Population Identification & Segmentation



Population Health Improvement Approaches



Assessing Utilization for Best Outcomes

Specialized Services & Resources:

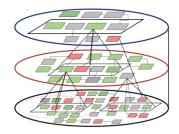
Enhanced & tailored services for high Need & Disparate Populations

High Impact Leadership

Staffing Resource Allocation

Population Health Information System

Foundational Info







Partnering with communitybased organizations

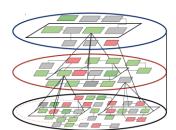


Foundational Infrastructure

Population Health Improvement Approaches

Care Coordination:

Providing support and resources across the continuum of need



Optimal Delivery System:

- Best Payer Practice
- Clinical Best Practice

Quality **Improvement**

Population Identification & Segmentation



Population Health Improvement Approaches

Utilization Management:

Assessing Utilization for Best Outcomes

Specialized Services & Resources:

Health Equity

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Foundational Infrastructure



Community Reinvestment

Partnering with communitybased organizations



Supportive Payment Structures

Cross-system Collaboration

Population Identification and Segmentation

- Alignment with ODM population streams
- Incorporation of multiple data sources
- Consideration of medical, behavioral, SDoH-related needs
- Ongoing monitoring
- Special attention to high-risk groups
- Informs population health improvement efforts
- Aim to find and address disparities



Ohio's Opportunity Index

Education



Employment



Transportation



Housing



Health



Environment



Crime



- Educational attainment
- School performance
- Free & reduced lunch participation
- High school graduation rate
- Residential internet connectivity

- Low wage job access
- Access to workforce or job training sites
- Unemployment
- Poverty

- Access to public transit
- Average commute to work time
- Households without vehicle access
- Traffic proximity

- Median rent
- Median home value
- Concentration of existing Low-Income Housing Tax Credit (LIHTC) units
- Housing stock built pre-1960s
- Residential overcrowding
- Residential mobility

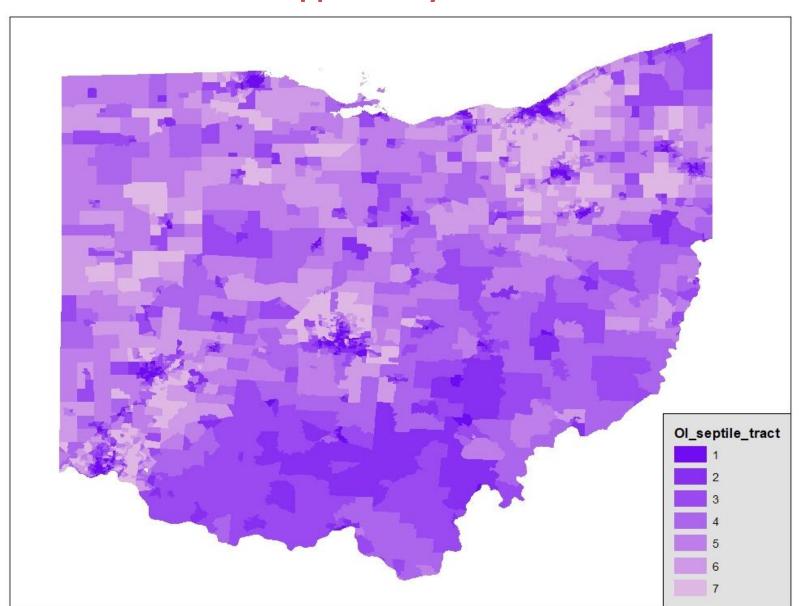
- Age-adjusted mortality
- Preventable ED visits
- Diabetes admits/diagnos es
- Access to grocery stores
- Access to medical providers

- Access to green space
- PM2.5 (air pollutant) levels in air
- Walkability
- Urban landcover

- Homicide, aggregated assault & sexual assault
- Robbery
- Burglary, larceny-theft and motor vehicle theft
- Public drunkenness and DUI
- Drug involved crimes



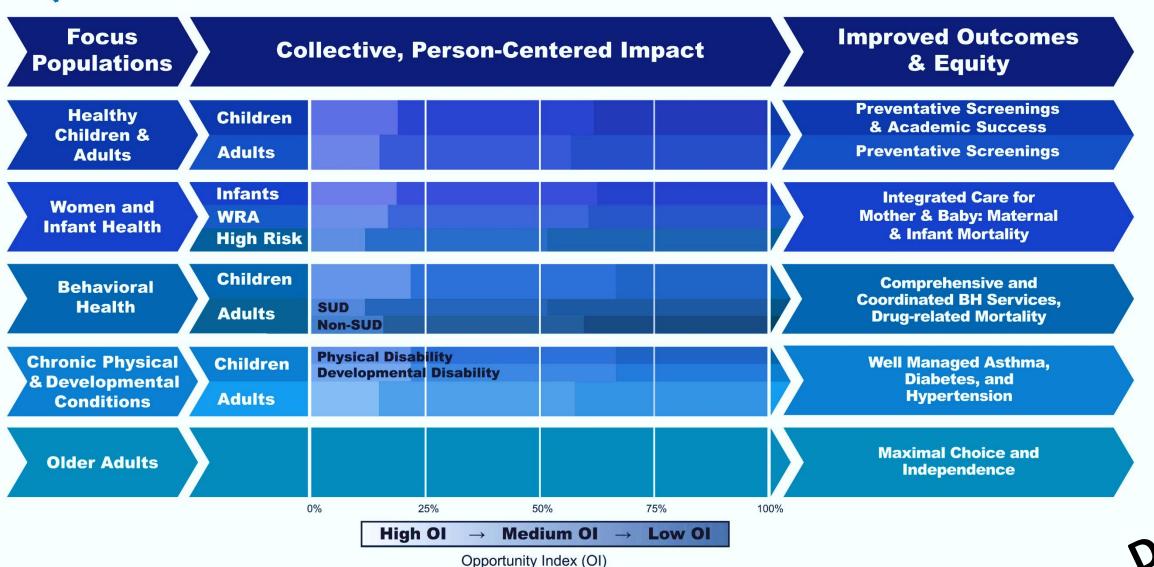
Ohio Medicaid's Opportunity Index Census Tracts





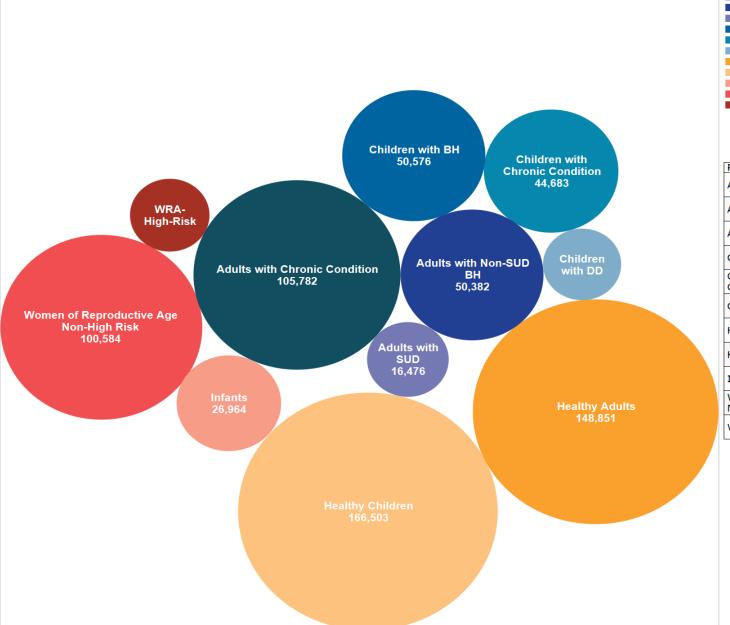


Ohio Medicaid's Population Health and Quality Strategy



Population Health Streams, Medicaid Managed Care, SFY 2021*

*Not mutually exclusive



Population Stream

- Adults with Chronic Condition
- Adults with Non-SUD BH
- Adults with SUD
- Children with BH
- Children with
- Children with Chronic Condition
- Children with DD
- Healthy Adults
- Healthy Children
- Infants
- Women of Reproductive Age Non-High Ri..
- WRA- High-Risk

Population Stream	Total
Adults with Chronic Condition	750,561
Adults with Non-SUD BH	332,351
Adults with SUD	158,044
Children with BH	241,086
Children with Chronic Condition	219,530
Children with DD	71,817
Healthy Adults	994,601
Healthy Children	866,519
Infants	148,579
Women of Reproductive Age Non-High Risk	619,141
WRA- High-Risk	144,164

MCO and OhioRISE Collaboration High Risk Children with Multi-System Needs



Resilience through Integrated Systems and Excellence

A specialized managed care program for youth with complex behavioral health and multi-system needs



Specialized Managed Care Plan

Aetna Better Health of Ohio will serve as the single statewide specialized managed care plan.



Shared Governance

OhioRISE features multi-agency governance to drive toward improving cross-system outcomes – we all serve many of the same kids and families.



Coordinated and Integrated Care & Services

OhioRISE brings together local entities, schools, providers, health plans, and families as part of our approach for improving care for enrolled youth.



Prevent Custody Relinquishment

OhioRISE will utilize a new 1915c waived to target the most in need and vulnerable families and children to prevent custody relinquishment.

OhioRISE Enrollment

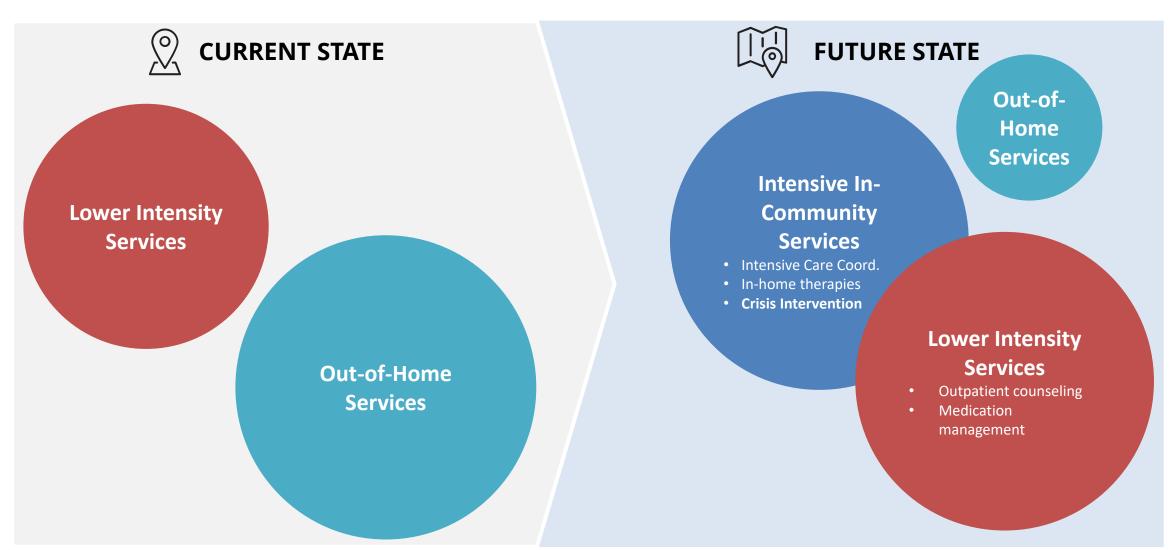
- Enrolled in Medicaid (managed care or fee for service)
- ✓ Up to age 21
- ✓ In need of significant behavioral health service
- Require significant functional intervention, as assessed by the Child and Adolescent Needs and Strengths (CANS)
- ✓ Estimate 55-60,000 children & youth by end of year 1

OhioRISE Services

- ✓ All existing behavioral health services
- ✓ Intensive and Moderate Care Coordination NEW
- ✓ Intensive Home-Based Treatment (IHBT) ENHANCED
- ✓ Psychiatric Residential Treatment Facility (PRTF) NEW
- Behavioral health respite ENHANCED
- ✓ Flex funds to support implementing a care plan NEW
- √ 1915(c) waiver that runs through OhioRISE NEW
 - Unique waiver services & eligibility
- ✓ Mobile Response and Stabilization Service (MRSS) NEW
 - Also covered outside of OhioRISE (MCO and FFS)



Shifting the System - Building Capacity for Intensive In-Community Services

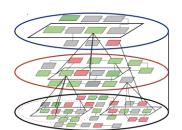


Approaches to Population Health Improvement

Population Health Improvement Approaches

Care Coordination:

Providing support and resources across the continuum of need



Optimal Delivery System:

- Best Payer Practice
- Clinical Best Practice



Population Identification & Segmentation



Specialized Services & Resources:

Health Equity

Enhanced & tailored services for high Need & Disparate Populations

High Impact Leadership

Staffing Resource Allocation

Population Health Information System



Population Health

Improvement

Approaches

Management:

Assessing Utilization for Best Outcomes



Community Reinvestment

Partnering with communitybased organizations



Foundational Infrastructure

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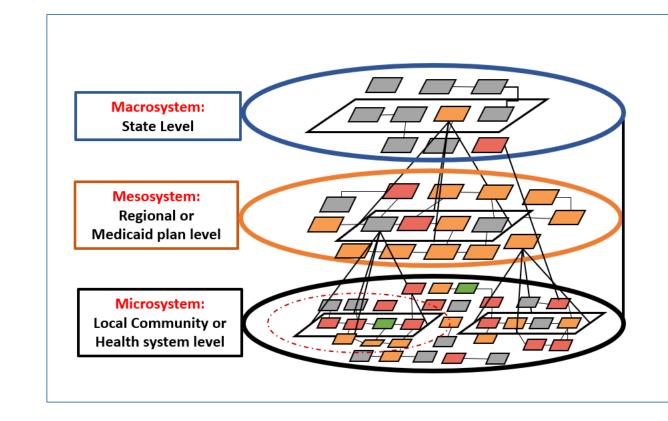




Continuously improving <u>ALL</u> aspects of the care delivery system to optimize the health of members through inclusion of input from members, providers, and other partners across the care continuum into the design, execution, evaluation, and refinement of MCO service delivery policy and practice.

Key Mechanisms:

- Clinical Best Practice Guidelines to ensure quality care
- Best Payer Practice that optimizes member and provider experience.



Clinical Best Practice Guidelines

Ohio Cardiovascular and Diabetes Health Collaborative, Cardi-OH

- » Improve cardiovascular and diabetes care and eliminate disparities
- » Focused on the primary care team capacity to manage cardiovascular health and diabetes
- » Includes experts from across Ohio's seven medical schools
- » Disseminate best practices

Ohio Minds Matter

- » Website serving as a Behavioral Health resource to help families, teachers, and healthcare professionals managed childhood mental health needs
- » Developed by a panel of clinical childhood behavioral health experts
- » Includes treatment modules, screening tools, prescribing guides, prevention resources, how to get help, etc.

Regional QI HUB

- » More reliably translate best evidenced care into clinical practices
- » Structure to collectively support health improvements that can be measures al the levels of Ohio's populations
- » Build off success of cardiovascular and diabetes efforts
- » Ohio medical schools in partnership with select hospital systems to serve as the Regional QI HUB

Health Equity



Use data to identify disparities in health care and health outcomes

Engage members, families & communities in service design

Broad Strategies

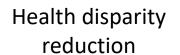
Promote cultural humility

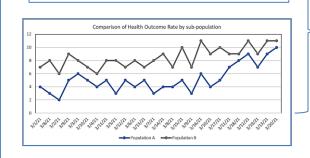
Awareness of implicit bias

Physical & behavioral healthcare integration

Culturally appropriate service delivery & communications

Address social risk factors (transportation, housing, food insecurity)







Equitable
Healthcare
&
Outcomes

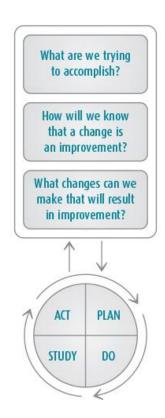


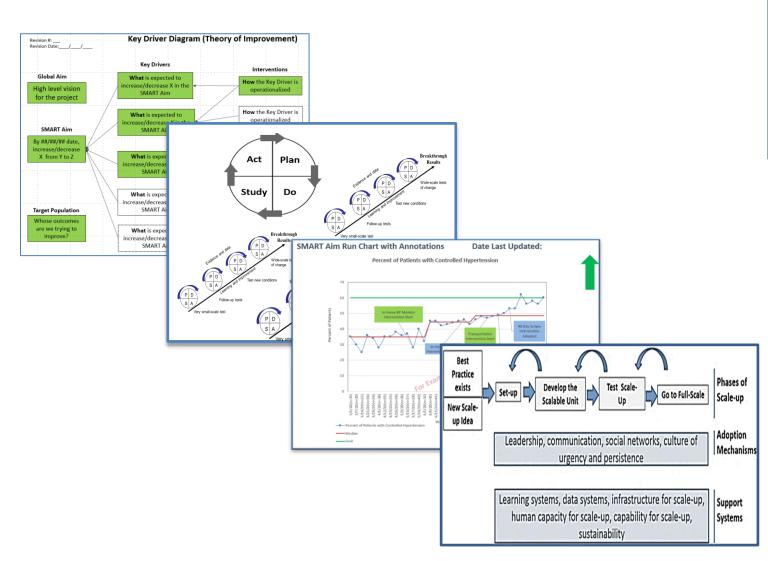
Metrics for assessing intervention success & disparity reduction

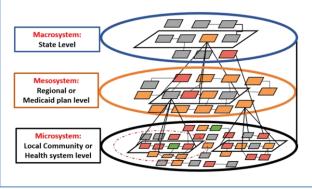
Accountability through active member involvement & feedback



Quality Improvement







The Model for Improvement can be used at all system levels to improve:

- Member Experience
- Member Outcomes
- Clinical Teamwork Satisfaction
- Community Health
- Healthcare Quality
- Lower Costs (e.g., decreased ER visits)
- National Targets



2021 COVID Vaccine Campaign

Challenge: Help Ohio Medicaid members to reach vaccine rates on par for the Ohio population

Vaccine effort was one of the quality withhold initiatives for 2021.

Collective Impact: Aligning MCOs, providers, pharmacies, Governor's Office and ODM to achieve a common, measurable goal can and does make a difference.

Today more than **ONE MILLION** Ohioans served by Medicaid are on their way to COVID protection.





COVID-19 Vaccinations KDD

Potential Intervention
Actively Testing Intervention
Adopted Intervention
Abandoned Intervention

Maximize the number of Ohio Medicaid members who are fully vaccinated against COVID-19

SMART Aim: by December 31, 2021

MMC SMART Aim 1: Increase the number of MMC adult members (age 18+) with COVID-19 vaccinations initiated from 350,000 to at least 583,000 (900,00 stretch goal)

MMC SMART Aim 2: For MMC members (age 18+) residing in neighborhoods with low (septile 1 or 2) Opportunity Index (OI) Scores, increase the number of members with initiated COVID-19 vaccinations from 75,000 to at least 200,000 (388,000 stretch goal)

MyCare SMART Aim 1: Increase the number of initiated COVID-19 vaccinations for MyCare members age 18-64 from 19,000 to at least 38,000

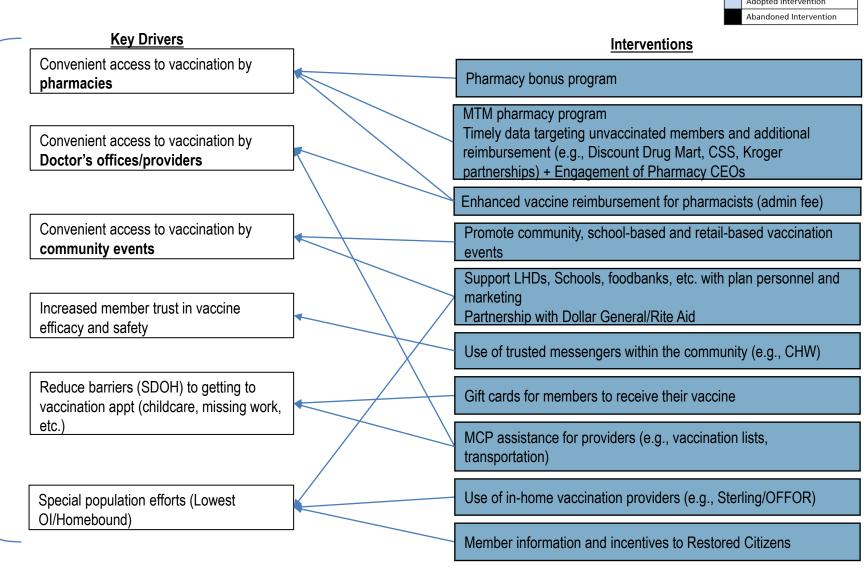
MyCare SMART Aim 2: Increase the number of initiated COVID-19 vaccinations among MyCare members enrolled in the MyCare Waiver, age 18-64, from 3,300 to at least 5,400.

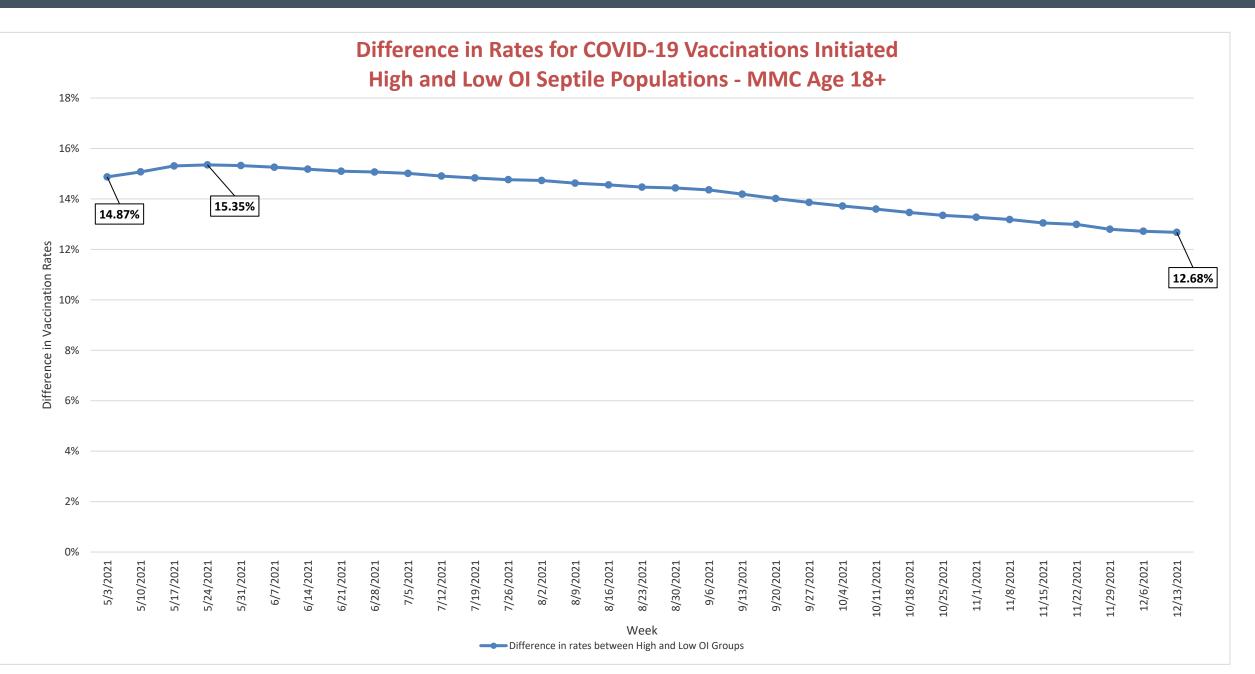
MyCare SMART Aim 3: Increase the number of initiated COVID-19 vaccinations for MyCare members age 65+, from 38,000 to at least 47,000

MyCare SMART Aim 4: Increase the number of initiated COVID-19 vaccinations for MyCare members enrolled in the MyCare Waiver, age 65+, from 13,000 to at least 16,000

Population

Ohio Medicaid (including Mycare) members, 18+ who are eligible to receive COVID-19 vaccines







Care Coordination

Current State of Care Management



- A "one size fits all approach"
- Full Care Management benefits are only available to those who "engage" in Care Management

Future State of Care Coordination



- A more customizable approach
- Provides a variety of options for individualized/ person-centered care
- Offers "short-term" assistance and/or "long term" support based upon needs or requests



Key Components of MCO Community Reinvestment Requirement



- Support population health strategies
- Contribute a percentage of annual profits*
 - o 3% for CY 2022
 - 4% for CY 2023
 - o 5% for CY 2024
- Maximize the collective impact by working collaboratively with other MCOs
- Use available population health data and consider existing local community health assessments
- Prioritize community reinvestment opportunities generated from community partners
- MCOs must submit a Community Reinvestment Plan and Evaluation annually

Health Equity

Optimal Delivery System:

- Best Payer Practice
- Clinical Best Practice

Quality **Improvement**

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Population Health Improvement Approaches



Assessing Utilization for Best Outcomes

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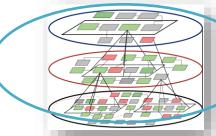
High Impact Leadership

Staffing Resource Allocation





Partnering with communitybased organizations



Population Health Information System



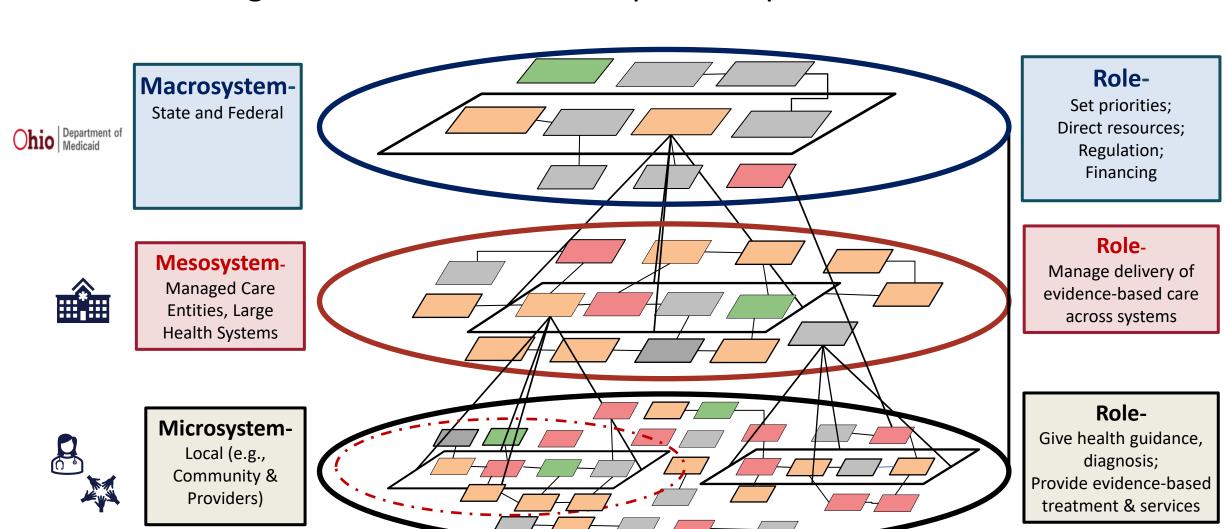
Supportive Payment Structures

Cross-System Collaboration



Cross-System Collaboration

Alignment Framework to Improve Population Outcomes



Cross-System Collaboration

- Care Innovation and Community Improvement Program (CICIP)
 - » 4 Public Hospitals partnered with MCOs
 - » QI projects focused on OUD
- Regional QI HUB
 - » Medical Schools + Hospital Systems partnered with MCOs
 - » Disseminate Best Practices
- School-Based Health Care
 - » Schools Partnered with MCOs
 - » Improve Well-Child Visits

Supportive Payment Structure

Goals of Alternative Payment Models (APMs) Implementation



ADDRESSING SOCIAL DETERMINANTS OF HEALTH (SDOH)

Reducing disparities and improving health equity through reallocation of resources to address SDOH (e.g., housing, food insecurity, transportation).



REDUCING INEFFECTIVE CARE AND INAPPROPRIATE UTILIZATION OF SERVICES

Focusing on appropriateness, care variation, and person-centered care for all patients through dissemination of best practices.



INCREASING DATA TRANSPARENCY AND INTEROPERABILITY

Providing patients and caregivers with cost, quality, and appropriateness of care data in an actionable, easily understood, and accessible manner. Ensuring that electronic data can be easily shared meeting advanced technology standards (e.g., HL7 FHIR) to improve care delivery.



ENSURING TIMELY DATA AND ANALYTICS CAPABILITIES

Ensuring providers adopt timely data and analytics capabilities, combining multiple data sources (e.g., electronic health record and claims data), to enable successful participation in value-based payment models.



FACILITATING MARKET SHIFTS TO VALUE

Providers who are successful in FFS may lack a compelling reason to transition to APMs, but may be unable to compete with the person-centered care delivered by providers in APMs. Introducing APMs through multi-payer pilots in these markets (particularly for independent and smaller providers) may increase competition and reduce FFS entrenchment.



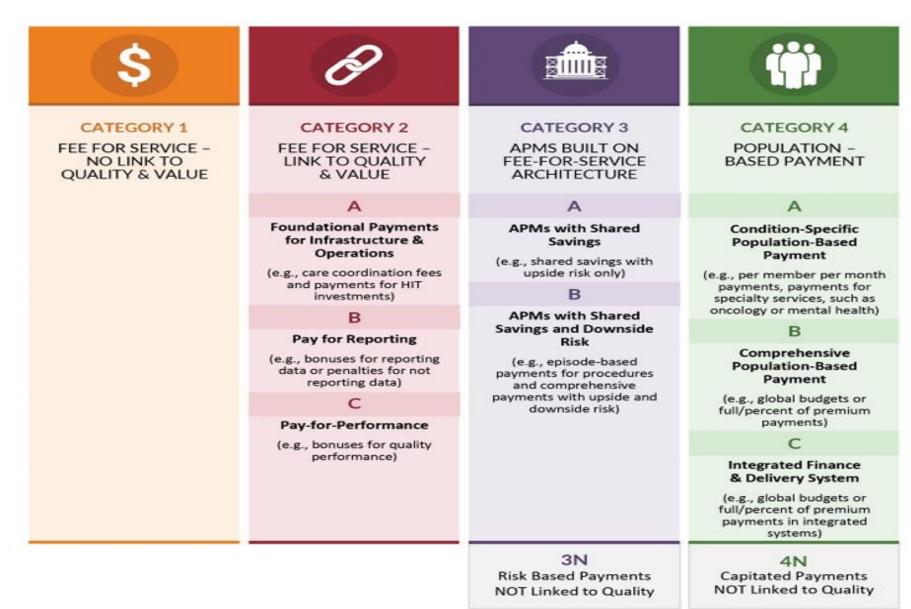
PROMOTING POPULATION-SPECIFIC APPROACHES

Improving predictability for providers through improved risk adjustment for complex patients, offering stronger incentive structures for Medicaid beneficiaries, and flexibility on waivers.

Source: hcp-lan.org



HCP-LAN APM Framework





"I didn't recognize opportunity when it knocked. It was disguised as hard work."

