Strategic Partnerships for Improving Youth Wellness in Ohio

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<u>Dan Paoletti – Chief Executive Officer, Ohio Health Information Partnerships & Clinisync</u>

This session's speakers have no disclosures to report.

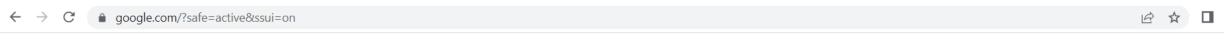
Learning Objectives

Participants will be able to:

- 1. Describe the increase in stress and decline in mental health well-being in children, and the need for primary care, behavioral health, and school-based health providers to work together to address children's holistic health needs in a more coordinated and timely manner.
- 2. Summarize the current landscape of school-based health centers across Ohio and best practices that align with the whole child model of care and the related impact on youth wellness outcomes.
- 3. Identify Ohio Health Information Partnership & Clinisync's efforts for statewide health information exchange intended to enable timely sharing of data and information related to children's health, academic, and social needs amongst schools, parents, health care providers and other to promote appropriate intervention and follow up.

Disclosures

- I have no actual or potential conflict of interest in relation to this program or presentation.
- Financial I DO NOT have a financial interest/arrangement or affiliation that could be perceived as a conflict of interest.
- Non-Financial I am a Taylor Swift fan and have seen her live on two occasions which could inaccurately be perceived as poor taste in music.



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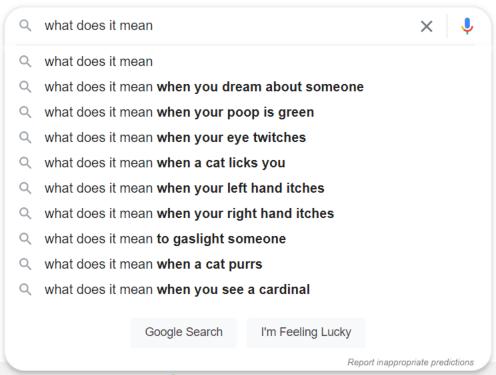






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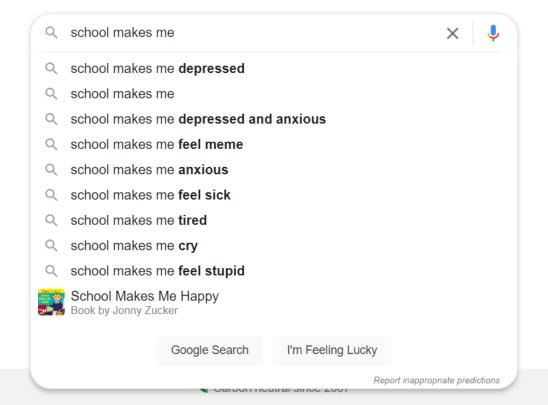
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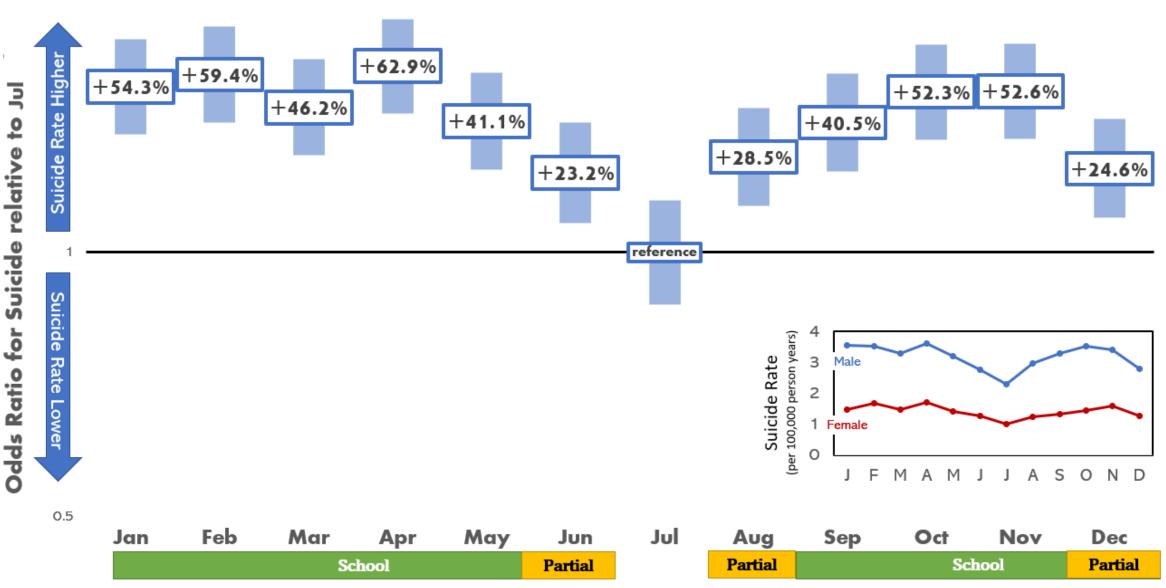
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Privacy

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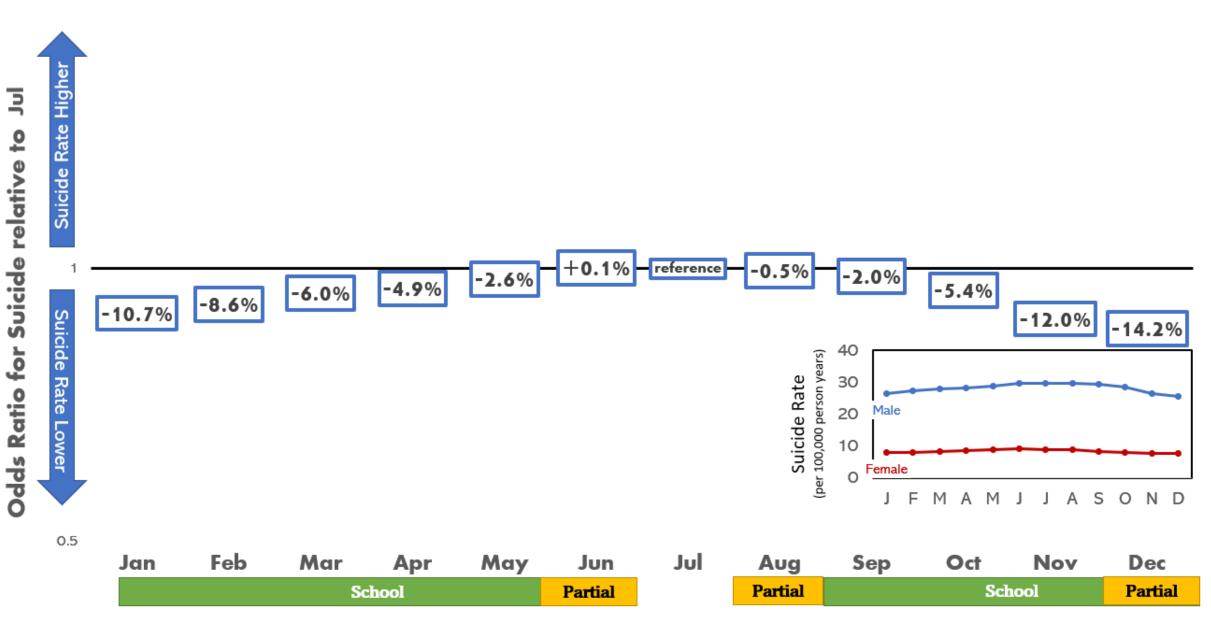
Terms

Pediatric (<18 years) suicides are more common during school months.

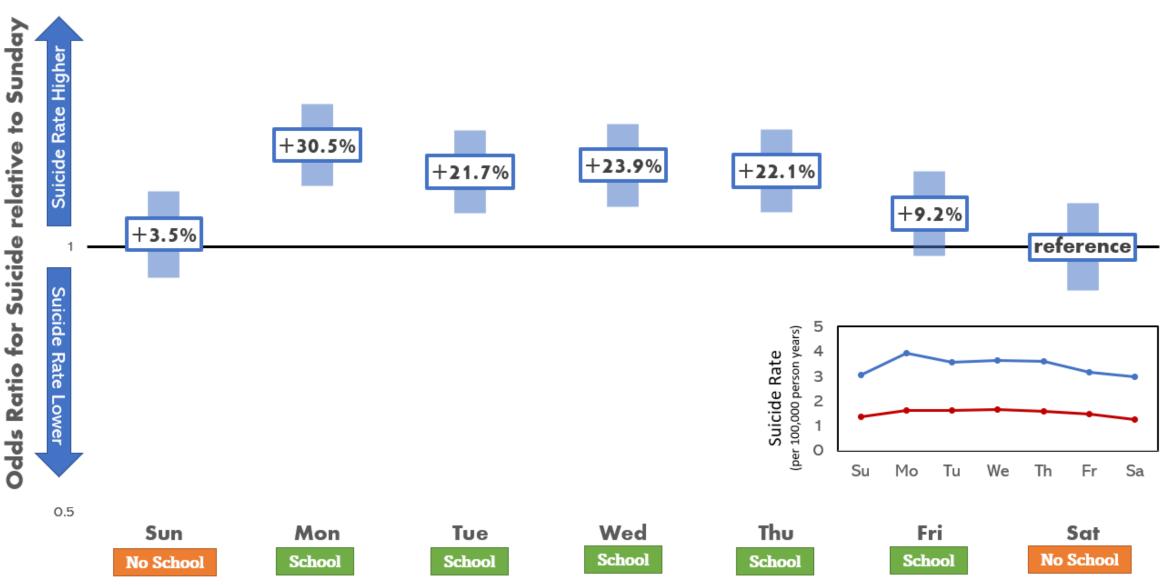


Source: CDC Wonder, 2016-2019

Adult suicides are more common during summer months.



Pediatric (<18 years) suicides are more common during school weekdays.



Source: CDC Wonder, 2016-2019 - June, July, August, and December are excluded due to significant holidays by a large % of US students.

2% of US students start school July 23; 12% by August 5; 29% by August 12, 19% by August 19, 14% by August 30, and 23% after Labor Day in September

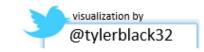
Suicide Heat Map for Pediatric Suicides (<18 years old)

	Su	Мо	Tu	We	Th	Fr	Sa	
Jan	2.1	3.1	2.6	2.9	2.9	2.1	2.1	← Jan Average: 2.5
Feb	2.5	2.9	2.7	2.7	2.9	2.5	2.3	← Feb Average: 2.6
Mar	1.9	3.3	2.7	2.5	2.1	2.5	2.0	← Mar Average: 2.4
Apr	2.7	2.7	3.0	2.9	2.8	2.2	2.6	← Apr Average: 2.7
May	2.0	2.2	2.0	2.7	2.6	2.3	2.5	← May Average: 2.3
Jun	2.0	1.8	1.7	2.6	2.3	2.1	1.7	← Jun Average: 2
Jul	1.5	1.9	1.8	1.5	1.5	1.5	1.7	← Jul Average: 1.6
Aug	2.4	2.2	2.2	2.1	2.0	2.2	1.8	← Aug Average: 2.1
Sep	2.1	2.3	2.9	2.7	2.4	2.1	1.9	← Sep Average: 2.3
Oct	2.3	2.9	2.7	2.5	3.0	2.3	1.8	← Oct Average: 2.5
Nov	2.2	3.2	2.5	2.3	2.4	2.8	2.1	← Nov Average: 2.5
Dec	2.3	2.1	1.9	2.1	2.1	1.6	2.2	← Dec Average: 2.1

all figures expressed as "suicides per 100,000 per person-year"

Month Contains School?

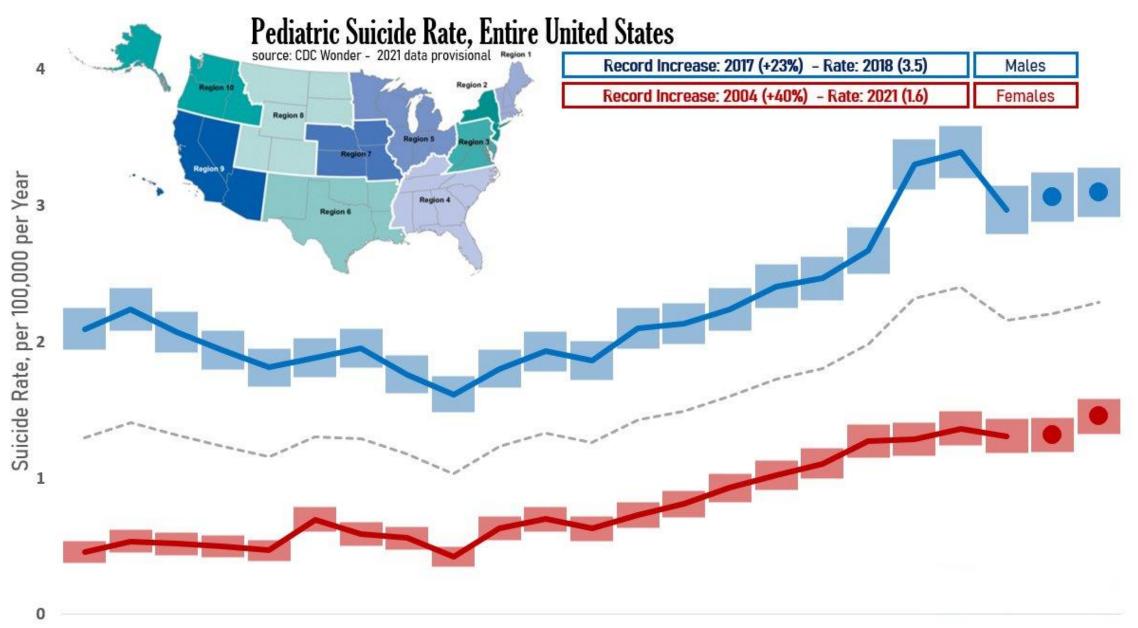
		School	Partial	No School		
Day	Weekend	2.19	2.05	1.59		
	Weekday	2.61	2.07	1.67		



Source: CDC Wonder, 2016-2019 (pre-pandemic)

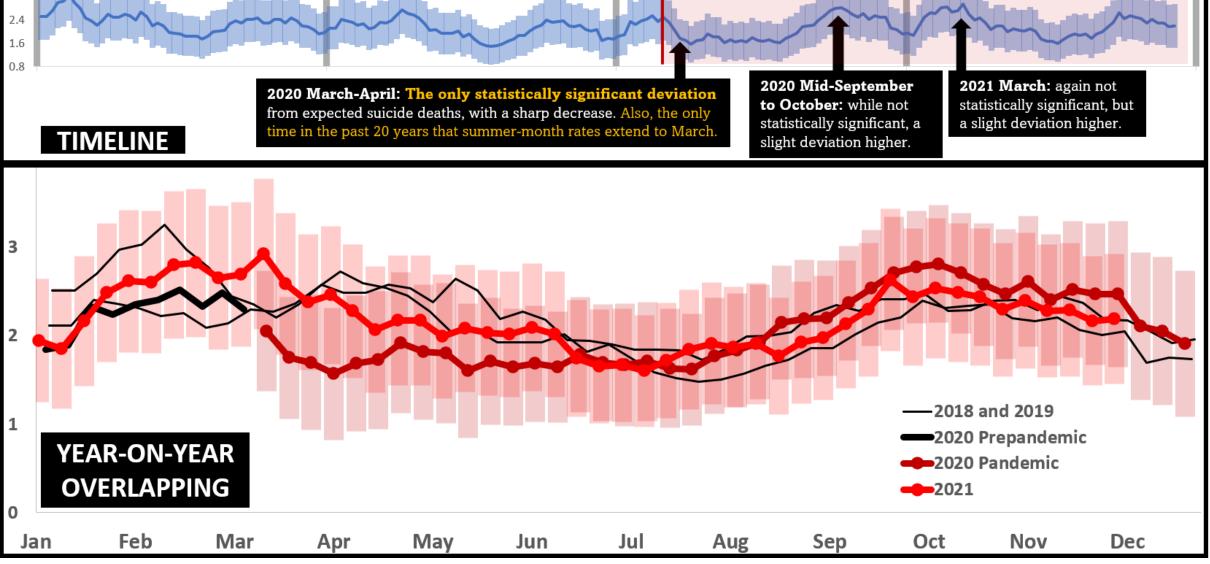
Suicide Heat Map for Pediatric Suicides (<18 years old)

	Sun	Mon	Tue	Wed	Thu	Fri	Sat						
Jan	+43%	+106%	+72%	+93%	+94%	+41%	+43%	Month Contains School?					
Feb	+65%	+92%	+81%	+83%	+92%	+67%	+52%		School	Partial	No School		
Mar	+29%	+119%	+78%	+69%	+42%	+65%	+35%	Day Weeke	+37.9%	+29.6%	ref		
Apr	+80%	+78%	+100%	+96%	+85%	+49%	+74%	Weekd	+64.6%	+30.7%	+5.6%		
May	+31%	+50%	+33%	+84%	+74%	+53%	+65%						
Jun	+31%	+23%	+13%	+76%	+54%	+43%	+11%						
Jul	REF	+30%	+22%	+2%	+2%	+2%	+13%	← reference selected by minimum value					
Aug	+58%	+45%	+50%	+39%	+32%	+48%	+24%						
Sep	+39%	+57%	+92%	+81%	+61%	+39%	+26%						
Oct	+57%	+91%	+81%	+67%	+104%	+54%	+20%						
Nov	+48%	+117%	+71%	+57%	+61%	+89%	+39%						
Dec	+54%	+43%	+29%	+40%	+41%	+7%	+47%						
Source: CDC Wonder, 2016-2019 (pre-pandemic); value = increase rate of suicide compared to Sundays in July													

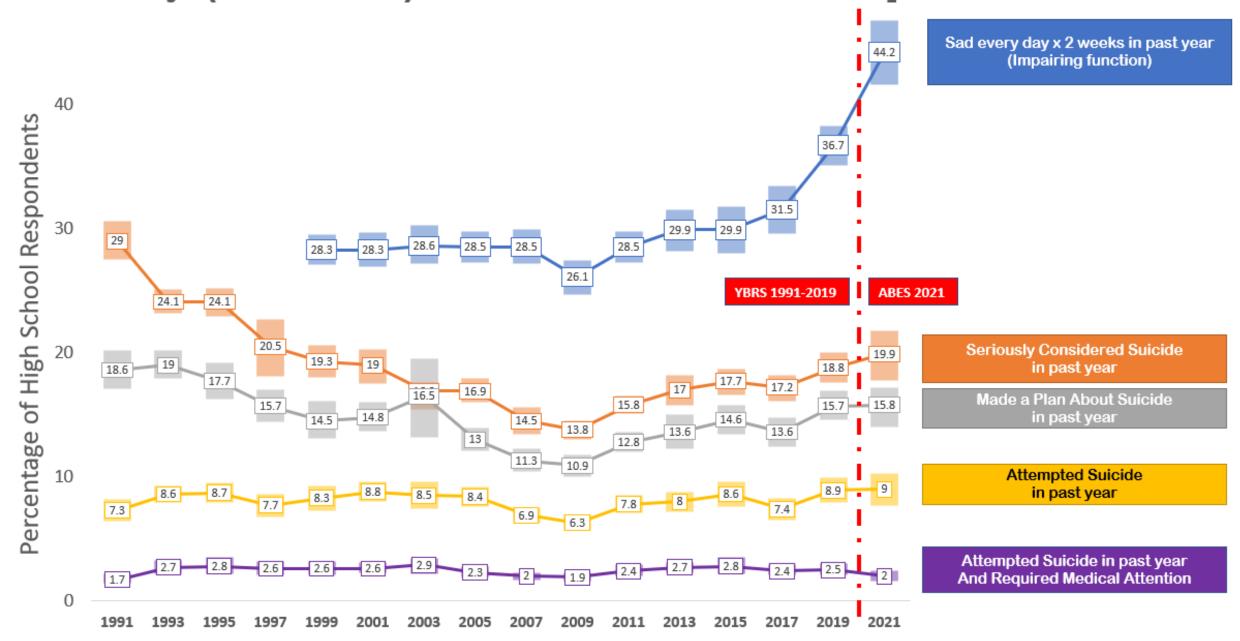


Weekly Pediatric Suicide Rate in the US, 2018-2021

Source: CDC Wonder. 2021 data is preliminary. Pandemic start defined as March 16, 2020, when most of the country went into prevention measures. 2018 2019 2020 2021 **COVID 19** 4.0 3.2 2.4 person-years 1.6 2020 Mid-September 2021 March: again not 2020 March-April: The only statistically significant deviation to October: while not statistically significant, but from expected suicide deaths, with a sharp decrease. Also, the only a slight deviation higher. statistically significant, a time in the past 20 years that summer-month rates extend to March. **TIMELINE** slight deviation higher. per 100,000 Rate Suicide ---2018 and 2019



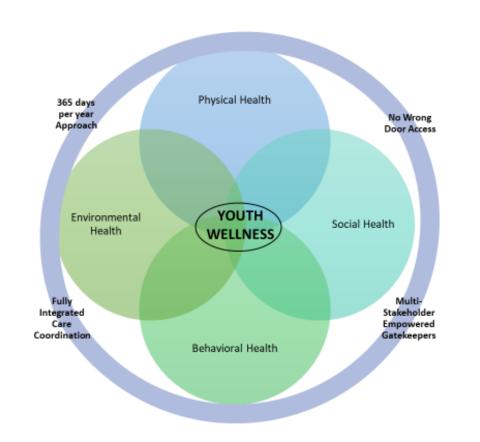
CDC Surveys (YBRS & ABES) and Measured Mental Health Responses



Vision: From Silos to Systems Approach for Youth Wellness

Current state to future state:







BHP Children's Health Collaborative Participants and Supporters

Clinical

Akron Children's Hospital
Care Alliance Health Center
The Centers
Cleveland Clinic Health System
The MetroHealth System
Neighborhood Family Practice
Senders Pediatrics
University Hospitals Rainbow Babies & Children's Hospital

Academic

Akron Public Schools
Case Western Reserve University
Cleveland Metropolitan School District
Lakewood City Schools
NEOMED
Say Yes to Education
Stark County Educational Service Center
Summit Education Initiative

Public Health

Cleveland Department of Public Health Cuyahoga County Board of Health Summit County Public Health

Data Integration

OHIP (Ohio Health Information Partnership) - Clinisync Summit Education Initiative Unite Us

Social Agency, Community-Based

Cuyahoga County Invest in Children Hip Cuyahoga Cleveland Lead Safe Coalition United Way Greater Cleveland – 2-1-1 Pathways Community HUB

State, National

Ohio Department of Medicaid (ODM)- Managed Care Organizations (MCOs)
UnitedHealthcare
Centers for Disease Control - REACH
Ohio Suicide Prevention Foundation (OSPF)

Local Foundations

Bruening Foundation
Sisters of Charity Foundation
George GUND Foundation





Strategic Partnerships for Improving Youth Wellness in Ohio

School-Based Health Services: What They Are & Why They Matter

Katie Davis, MSN, RN, PHNA-BC
Executive Director, Center for Community and Corporate Health
The MetroHealth System
Board President
Ohio School-Based Health Alliance

MetroHealth: Devoted to Hope, Health, and Humanity

Our essential role in our community

- Cuyahoga County's public hospital system.
- Serving Greater Cleveland since 1837.
- Dedicated to improving health and eliminating disparities by advancing equity and addressing the root causes and social factors of health
- Open and accessible to all (95% of Cuyahoga County residents live within 10 minutes of MetroHealth care).





Our Commitment to redefine healthcare

Going beyond medicine to be just as good at promoting health as we are at treating illness.





School Health Program

Our Mission

 Improve access to healthcare by partnering with the community, to advocate for and support the health and well-being of our children.

Focus Areas

- Increase access to health care and support services
- Population health focused delivery of care
- Mental health screening and education
- Improve health and education outcomes

Models of Care

- Clinical Services: Primary Care
- Prevention Programming
- Consulting







The Ohio Alliance

- > Statewide organization for over 20 years
- State affiliate of the National School-Based Health Alliance
- > Supports high quality, sustainable models of health care in school settings
- Committed to improving student health and education outcomes and reducing disparities statewide

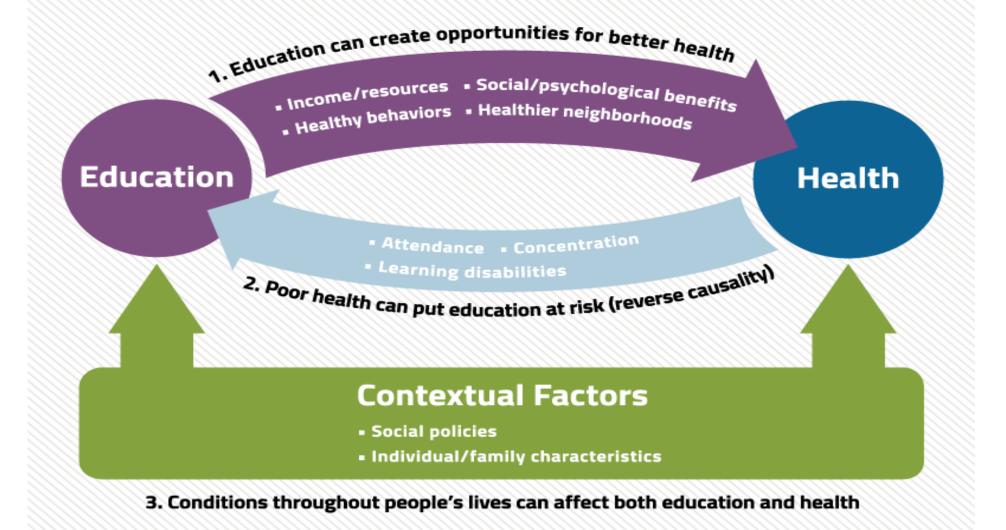


"Health and success in school are interrelated. Schools cannot achieve their primary mission of education if students and staff are not healthy and fit physically, mentally, and socially."

—National Association of State Boards of Education







Center on Society and Health, Why Education Matters to Health; Exploring the Causes, 2015

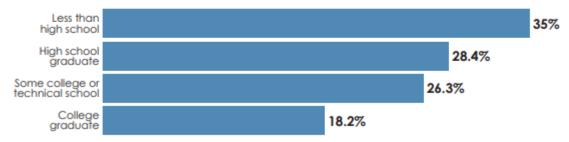




Connections between Health and Education

Figure 7. Adult chronic disease prevalence in Ohio and the U.S. (2015)

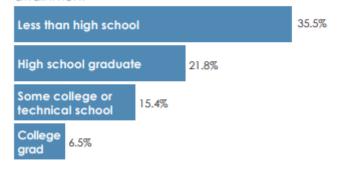
Percent of Ohio and U.S. adults who report having one or more of the following chronic conditions: diabetes, cardiovascular disease, heart attack, stroke and asthma, by educational attainment



Source: SHADAC analysis of the Behavioral Risk Factor Surveillance Survey, as compiled by the RWJF DataHub

Figure 6. Ohioans reporting fair or poor health (2015)

Percent of Ohio adults ages 25 and older reporting fair or poor health, by educational attainment



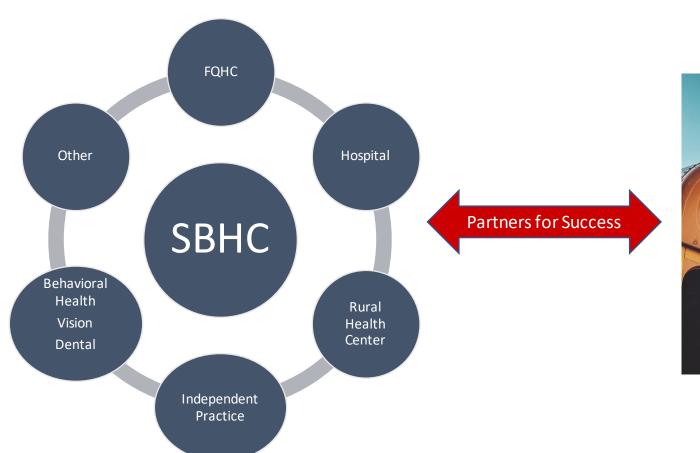
Source: SHADAC analysis of the Behavioral Risk Factor Surveillance Survey, as compiled by the RWJF DataHub

Connections between education and health. Health Policy Institute of Ohio. January 2017





Framework of School-Based Health Services









Framework of School-Based Health Services

Primary Health Care

Dental Services

Behavioral Health Care

Vision Care



Delivery Models



School-Linked



Mobile Providers



Mobile Vans / Trucks



Fixed Site in school



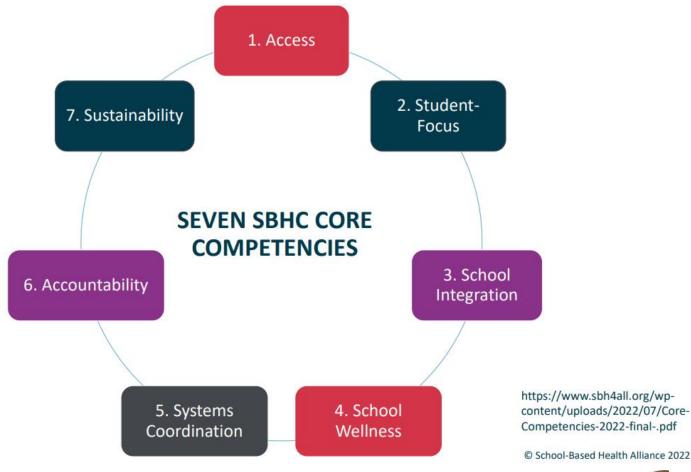
Telehealth



Hub & Spoke



SBHC Core Competencies







Value of School-Based Health Services



*School-Based Health Alliance: https://www.sbh4all.org/what-we-do/
**Community Preventive Services Task Force: https://www.thecommunityguide.org/findings/promoting-health-equity-through-education-programs-and-policies-school-based-health-centers

Why School-Based Health Services Matter?*

All children and adolescents deserve to thrive. But too many struggle because they lack access to health care services. School-based health care is the solution, bringing health care to where students already spend the majority of their time:

in school.

School-Based Health Services Improve Health Equity**

"The Community Preventive Services Task Force recommends the implementation and maintenance of school-based health centers (SBHCs) in low-income communities to improve education and health outcomes...if targeted to these communities SBHCs are like to reduce gaps in education and improve health equity."





Impact of School-Based Health Services

Education Outcomes

Improved school attendance

Students do not miss hours of school time (improved seat time)

Improved school performance

Increased grade promotion

Increased rates of high school completion





Health Outcomes

Increased delivery and completion of vaccination and recommended preventive services

Decrease in emergency department visits and hospital admissions

Decrease in risky health behaviors

Improved asthma health outcomes



*School-Based Health Alliance: https://www.sbh4all.org/what-we-do/ **Community Preventive Services Task Force:

https://www.thecommunityguide.org/findings/promoting-health-equity-through-education-programs-and-policies-school-based-health-centers

Social Drivers of Health Outcomes

Help eligible students and families enroll in health insurance

Caregivers do not have to take time off work = Increases Family Financial Security

Increase access to health care





Impact of School-Based Health Services



THE DROPOUT CRISIS:

A Public Health Problem and the Role of School-Based Health Care



Key drivers of dropping out

Absenteeism and developmental delay

- Chronic illness
- Poverty
- Hunger
- Homelessness
- Teen pregnancy

Impact of School –Based Health Services on Dropout Crisis

- School-based mental health counseling decreased absenteeism by 50% within two months
- School-based health engagement increased black male student retention 3x more than those not enrolled in schoolbased health







Impact of School-Based Health Services

MetroHealth School Health Program - Nationally Recognized Evaluation Report

Health Outcomes

- In comparison to Ohio Medicaid population, SHP students:
- Increased annual exams
- Increased immunization series completion
- SHP students:
- Decreased emergency room utilization (at MH sites)



Educational Outcomes





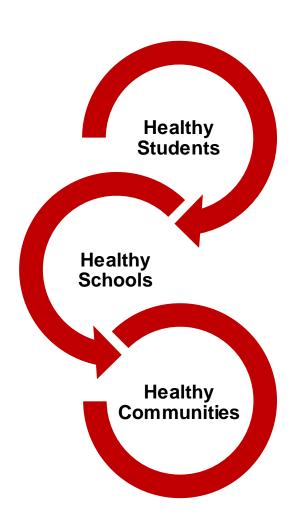
Grade Point Average: Lincoln-West High School







SBHC Ohio Landscape



- > Estimated 100+ SBHC sites in Ohio
- Ohio Alliance partnered with Case Western Reserve University Schubert Center to conduct landscape survey of SBHCs in 2021

Survey focused on:

- ☐ SBHC demographics
- ☐ Services and activities
- Utilization





Schubert Center SBHC Survey

- ➤ Launched July 2021 September **2021 (six weeks)**
- > 45.7% response rate (64 SBHC sites representing 34 school districts)
- > Representation across all regions of the state



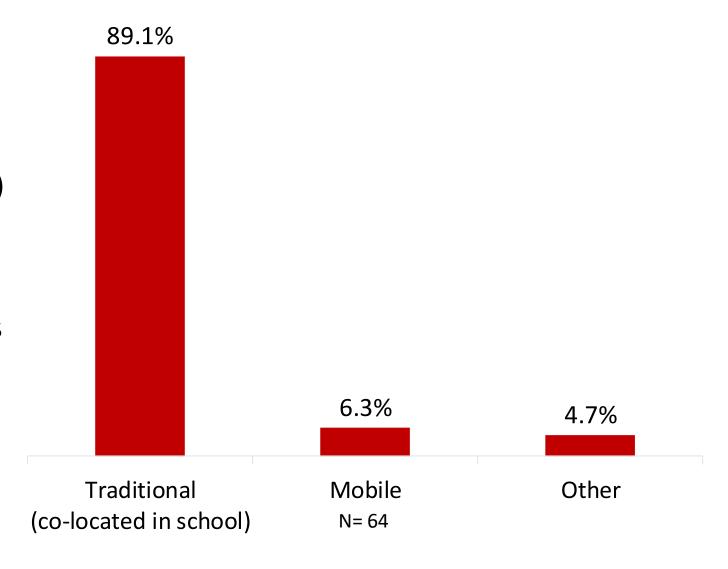
- Counties with known SBHS sites
- Counties with known SBHS sites and at least one site that completed the survey



Schubert Center SBHC Survey

SBHC Type

- Most sites operated:
- 30+ hours per week (71.9%)
- Five days a week (68.8%)
- Year-round (67.2%)
- Offered telehealth services (95.3%)

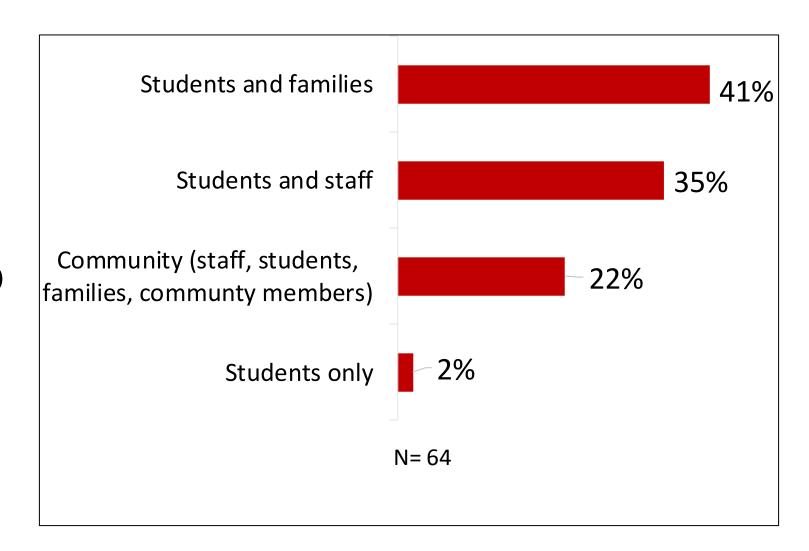




Schubert Center SBHC Survey

Clients Served

- Most sites averaged ~9 clients per day (70.3%)
- Sites ranged from 2 to 30 clients per day

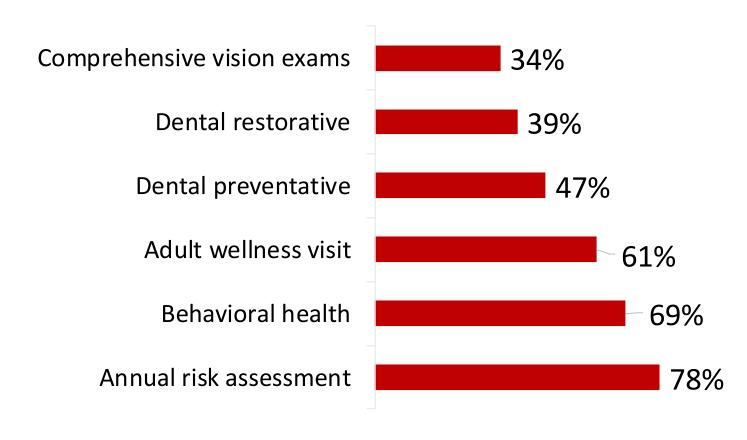




Schubert Center SBHC Survey

SBHC Services

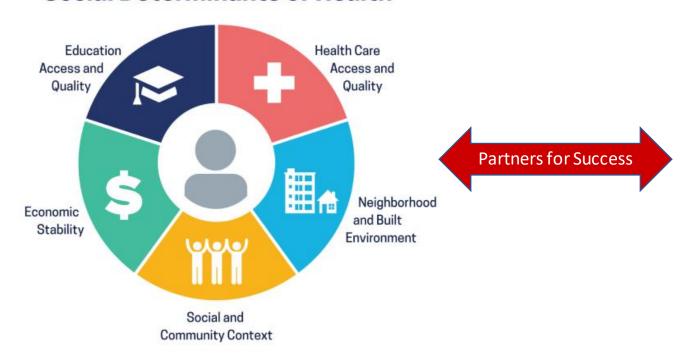
- All sites provided sick visit, well child care, and vaccinations
- 98% provided pediatric recommended and schoolrequired immunizations
- 97% provided depression screening and BMI screen and nutritional/physical activity counseling



N = 64

Shared Vision

Social Determinants of Health



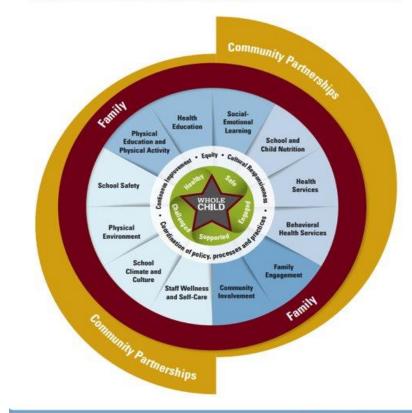
Social Determinants of Health
Copyright-free Healthy People 2030



#EachChildOurFuture

Ohio's Whole Child Framework

A collaborative approach to learning and wellness





Shared Vision: Components of School and Health Support Systems





Ohio Department of Education: https://education.ohio.gov/getattachment/Topics/Student-Supports/Ohio-Supports-the-Whole-Child/Whole-Child-Framework.pdf.aspx?lang=en-US



Whole Child Framework: Five Tenets



- Healthy: Each student enters school healthy and learns about and practices a healthy lifestyle
- Safe: Each student learns in an environment that is physically and emotionally safe for students and adults
- Supported: Qualified, caring adults support each student in way that addresses each student's individual needs and circumstances
- Challenged: Each student is challenged academically and prepared for success
- Engaged: Each student is actively engaged in learning and connected to the school and broader community





Youth Health in Ohio

Ohio fell from rank of 25 in 2018 to 31 out of 50 states in 2022 on Annie E. Casey Kids Count composite measure of child well-being

24% of Ohio K-12 students were chronically absent in 2020-2021

Ohio Department of Education

15.6% of Ohio high school students surveyed reported that they had considered attempting suicide in 2019

Ohio Youth Risk Behavior Survey

Only 50% of school-age children, ages 6-17, reported they had a medical home

2020-2021 National Survey of Children's Health

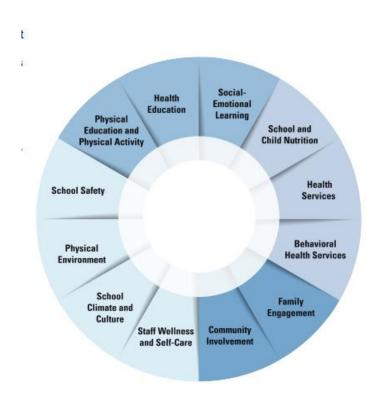
Barely half (54.6%) of adolescents enrolled in Medicaid received their well-child visits in CY 2019

Ohio Medicaid SFY2020 Report on Pregnant Women, Infants and Children





SBHCs: Whole Child in Practice



Only 50% of school-age children, ages 6-17, reported they had a medical home

2020-2021 National Survey of Children's Health

Barely half (54.6%) of adolescents enrolled in Medicaid received their well-child visits in CY 2019

Ohio Medicaid SFY2020 Report on Pregnant Women, Infants and Children

SBHC in Action: MetroHealth School Health Program:
Clinical Services

Connecting to the Five Tenets

<u>Healthy:</u> Access to Health Services; Health Integration

Safe: Empowering Students

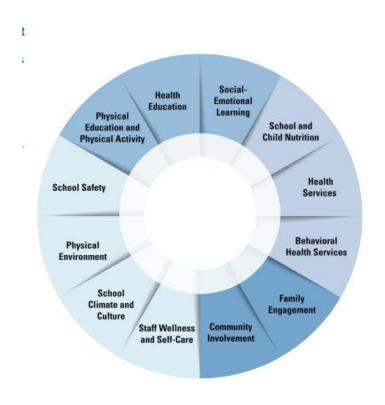
Supported: Multi-Tiered System of Support; Families as Partners

<u>Challenged:</u> Use of Data; Evidence-Based; Lifelong Success





SBHCs: Whole Child in Practice



15.6% of Ohio high school students surveyed reported that they had considered attempting suicide in 2019

Ohio Youth Risk Behavior Survey

SBHC in Action: MetroHealth School Health Program: Clinical Services, Prevention Services, Consulting Services

Connecting to the Five Tenets

<u>Healthy:</u> Access to Health Services; Health Integration; Families and Caregivers

<u>Safe:</u> Trauma-Informed; Student Centered & Connected; Social-Emotional Learning

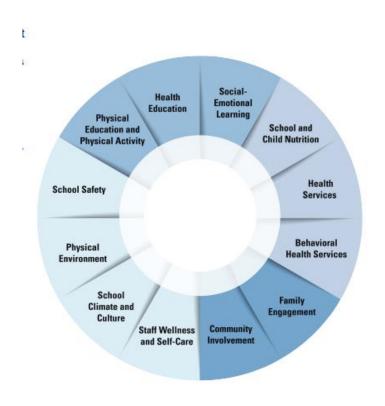
<u>Supported:</u> Multi-Tiered System of Support; Families as Partners; Relationships

Challenged: Evidence-Based





SBHCs: Whole Child in Practice



24% of Ohio K-12 students were chronically absent in 2020-2021

Ohio Department of Education

SBHC in Action: MetroHealth School Health Program: Clinical Services, Prevention Services, Consulting Services

Connecting to the Five Tenets

<u>Healthy:</u> Access to Health Services; Health Integration; Families and

Caregivers

Safe: School Climate; Empowering Students;

Supported: Multi-Tiered System of Support; Relationships

Challenged: Use of Data; Lifelong Success

Engaged: Access to Areas of Interest





Call to Action...

How are you supporting youth within your organization?

SBHCs and Schools – What's your shared vision?

Explore School-Based Health Resources





Ohio School-Based Health Resources

- Ohio Department of Education: School-Based Health Care Support Toolkit
- <u>School-Based Health Care Support Toolkit | Ohio Department of Education</u>
 - What is school-based health care?
 - How do we get started?
 - How do we operationalize our partnership?
 - How can we ensure a sustainable model?
 - How do we measure success?
 - Resources for reference
 - Telehealth resources







Ohio School-Based Health Resources

- Ohio Healthy Student Profiles
 https://www.healthpolicyohio.org/edu
 cation-and-health/
- Ohio Department of Medicaid and Ohio Department of Education
- Data resource for Needs Assessment and Planning
- Measures
 - Health Care Interactions
 - Health Conditions
 - Education Indicators
 - Health Staff



Interactive Dashboard

This information is best viewed on a desktop computer and may require a moment for initial loading.





Connect with Ohio Alliance

Sign up for news and updates: http://eepurl.com/h_D7HX



linkedin.com/company/ ohioalliance





@OSBHAlliance

www.osbha.com

Resources

- MetroHealth School Health Program
 - https://www.metrohealth.org/school-health-program
- Ohio School-Based Health Alliance
 - https://www.osbha.com
- Ohio Department of Education
 - School-Based Health Care Support Toolkit
 - http://education.ohio.gov/Topics/Student-Supports/School-Based-Health-Care-Support-Toolkit
- School Health Documentary (Ohio)
 - https://www.metrohealth.org/transformation/transformation-blog/metrohealth-school-health-program

- The Community Guide
 - Task Force Recommends School-Based Health Centers to Promote Health Equity
 - https://www.thecommunityguide.org/content/taskforce-recommends-school-based-health-centerspromote-health-equity
- National School-Based Health Alliance
 - https://www.sbh4all.org/
- American Public Health Association: Center for School, Health and Education
 - http://www.schoolbasedhealthcare.org/
- The Center for Health and Health Care in Schools
 - http://www.healthinschools.org/#sthash.9sgUWP8t
 .dpbs









Dan Paoletti, CEO
The Ohio Health
Information Partnership &
CliniSync

DISCLOSURE

 Speaker has no financial relationships with any commercial interest related to the content of this activity.

CliniSync's Community

~ 1B

Clinical Transactions Annually **12M**

Ohio Residents

156

Participating
Hospitals in OH,
WV, KY

>400

Long-Term and Post-Acute Care Facilities

15,000

Independent and Hospital-employed Physicians

13

Health Plans (7 Medicaid MCOs or MyCare)

100+

Behavioral
Health and
Social Service
Agencies

60

Connected EHRs

MORE

Commercial Lab,
Public Health
and More



MODIFIED MISSION AND PURPOSE (2021)

- 2.1 <u>Mission</u>. The Corporation has been organized as a nonprofit stakeholder-driven organization to <u>improve care, health disparities and equity for all Ohioans</u>, regardless of demographic or socioeconomic status, by facilitating the exchange of health and other critical information among stakeholders in a private and secure manner.
- 2.2 <u>Purposes</u>. In order to accomplish its mission, the Corporation's stated purposes include the following:
 - (a) Operate a statewide information network that allows for the electronic use and exchange of information;
 - (b) Participate in efforts to implement a statewide and nationwide health information technology infrastructure;
 - (c) Develop a center of excellence program to provide health information technology integration and education services to providers of health care and other related services;
 - (d) Promote and facilitate interoperable electronic medical record and personal health record capabilities throughout the state and region;
 - (e) Coordinate and leverage community resources and research activities within the state to advance the Corporation's mission and purposes;
 - (f) Enhance community service and economic development opportunities related to health information technology; and
 - (g) Improve the outcomes of Ohioans by addressing health disparities and equity through collaboration with multiple stakeholders utilizing data and technology.

MULTI-STAKEHOLDER WORKGROUP



2021 Mission: "...improve care, health disparities and equity for all Ohioans, regardless of demographic or socioeconomic status...."

Social Service Organizations

Columbus Partnership Dayton Area Food Resource **Direction Home Feeding America** Health Impact Ohio Help Network of Northeast Ohio **Human Service Chamber** Lifeline MidOhio Foodbank Pathways of Central Ohio **Summit County ADM Board** United Way Summit and Medina

Catholic Social Services

Health Plans

Anthem CareSource Humana Molina Molina HealthCare United Healthcare

Association

Ohio Association Community Health Centers **Ohio Hospital Association** Ohio Osteopathic Association Ohio State Medical Association

Diversity Consulting

More Inclusive Healthcare

Health Systems Akron Children's Bon Secours Mercy Health **Cleveland Clinic** Dayton Children's Hospital Firelands Regional Medical Center Fisher Titus Genesis HealthCare System Lake Health Nationwide Children's Hospital OhioHealth Corporation **OSUWMC** Premier Health Partners Sisters of Charity Health System **SOMC** Southwest General Summa Health System The Metro Health System

University Hospitals

Wooster Community Hospital

Behavioral Health

Netcare

FQHC/Provider

COPC **Madison Pediatrics** Orthopedic One Logan Elm Health Care

CRITICAL SUCCESS CRITERIA

Goal: Overcoming barriers and roadblocks preventing better outcomes in vulnerable populations. Recognizing that 75% of health outcomes are affected by social determinants of health, enabling coordination and facilitating information flow to those that need it.

An aligned approach in managing Social Drivers of Health

THE GOAL: A STATEWIDE "INTEROPERABLE TECHNOLOGY STACK"

- To address the social needs of Ohioans and complement the current interoperability platforms:
 - A social needs closed-loop referral platform
 - An Ohio Resource Library that can be leveraged by Stakeholders across the state and individuals
 - An enhanced identity management solution that can be leveraged by Stakeholders across Ohio
 - A certified data quality system
 - Pathways Hub software
 - An expanded clinical interoperability suite
 - Extending interoperability to the "last mile"
 - An enterprise analytics suite focusing SDoH
 - CFR 42 Part 2 compliant Patient consent process
 - An interoperable solution allowing school-based caregivers the ability to coordinate with providers in the community

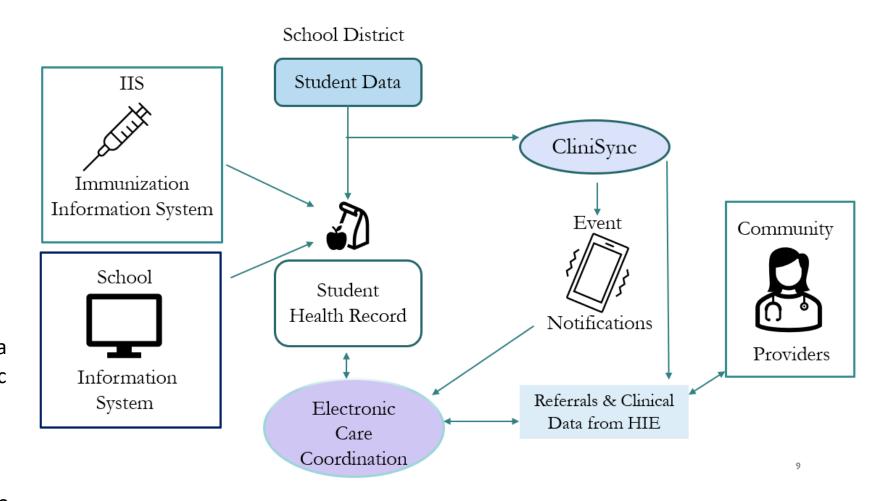


SCHOOL BASED CARE COORDINATION

- Appropriate access to clinical school records
- Standardize consent form and process which is provided in the beginning of the year by Parent; under FERPA/HIPAA current state of HIPAA and FERPA a school care giver can share information with a healthcare provider and vice versa if school care professionals are using a technology outside access of other school employees.
- School health professionals can allow a student's teacher or guidance counselor to access certain student information if consent is provided Permission to medicate
- Enable referrals from School Health Provider to Community Provider
- Enable licensed School Health Provider access to clinical data and event notifications
- Sharing of update care plans and permission forms (i.e. medications)

PROJECTED WORK-FLOW

- School Health Record
 - Receives student file list from department of education
 - Copy of file to CliniSync
- CliniSync incorporates that student into the MPI and associates to a district
 - ➤ If there is an event CliniSync sends a notice to School Care to alert school health care giver
- School Health Record also has direct access to Immunization System
- School Health Record would provide a Single Sign On (SSO) into the CliniSync Community Health Record to School Health Provider can have access to clinical data from new event
- CliniSync enables electronic referral to community Provider



SCHOOL-BASED HEALTH CARE



OIG + US Dept. of Education joint guidance (2019):

When does FERPA permit an eligible student's treatment records to be disclosed to a third-party health care provider for treatment?

An eligible student's treatment records may be disclosed to individuals who are providing treatment to the student, including health care professionals who are not part of nor acting on behalf of an educational institution (i.e., third-party health care provider), as long as the information is being disclosed only for the purpose of providing treatment to the student. institution ... so long as the records remain unavailable to anyone other than persons providing the eligible student with treatment, or a physician.

THANK YOU

Dan Paoletti
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Closing Remarks

Ted Wymyslo MD Board Member

Today's slides will be posted on our website and evaluations will be sent via email to obtain feedback and must be completed to receive CME.

Thank you!



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