

Better Health Partnership 2023 Annual Report to the Community

Emerging Collaborations for Mental Health Wellness

Webinar

April 26, 2023

Welcome!

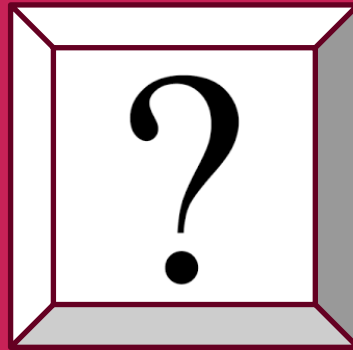


Alvonta' Jenkins
Program Coordinator
Better Health Partnership

Before we begin...

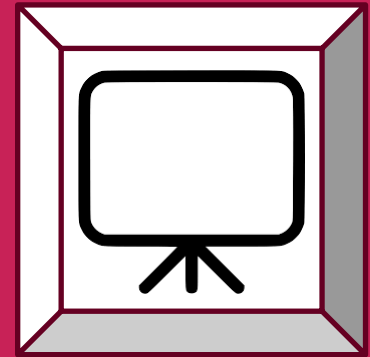


Everyone will
be muted



Use the Chat to
submit your
questions

Q & A at the end



Presentations
will be posted
on our
website

Working together
since 2007....

to *collectively* achieve
exceptional health
value and eradicate
health disparities in
Northeast Ohio



SAVE THE DATE!

2023 Learning Collaborative

October 20, 2023



Today's Webinar: Emerging Collaborations for Mental Health Wellness



Rita Horwitz
President and CEO
Better Health Partnership

About Cardi-OH

Founded in 2017, the mission of Cardi-OH is to improve cardiovascular and diabetes health outcomes and eliminate disparities in Ohio's Medicaid population.

WHO WE ARE: An initiative of health care professionals across Ohio's seven medical schools.

WHAT WE DO: Identify, produce and disseminate evidence-based cardiovascular and diabetes best practices to primary care teams.

HOW WE DO IT: Utilize monthly newsletters and an online repository of resources at Cardi-OH.org, podcasts available on Cardi-OH Radio, and the Project ECHO® virtual training model.

Learn more at Cardi-OH.org



CARDI • OH

Ohio Cardiovascular and Diabetes Health Collaborative

Cardi-OH Best Practices



Mental Health Resources

- **Mental Health and Chronic Conditions: Treating the Whole Patient to Improve Self-Care**
cardi-oh.org/best-practices/lifestyle/mental-health-and-chronic-conditions-treating-the-whole-patient-to-improve-self-care
- **Podcast 20 - The Heart-Mind-Body Connection: Mental Health and Cardiometabolic Conditions**
cardi-oh.org/podcasts/20-the-heart-mind-body-connection-mental-health-and-cardiometabolic-conditions
- **Talking with Patients About Stress**
cardi-oh.org/best-practices/lifestyle/talking-with-patients-about-stress
- **Capsule 8 - Partnering with Patients to Manage Stress**
cardi-oh.org/capsule/partnering-with-patients-to-manage-stress
- **Diabetes Distress: Screening Tools and Intervention Strategies**
cardi-oh.org/best-practices/lifestyle/diabetes-distress-screening-tools-and-intervention-strategies

Educational Opportunities

- **Statewide Webinar - Heart Health and the Science of Sleep**
May 24, 2023 at 12 p.m. ET
Register: cardi-oh.org/webinars/register
- **Cardi-OH ECHO Fall 2023 - Health Equity and Cardiovascular Risk**
12-week virtual clinic starting September 14, 2023, Thursdays, 8 - 9 a.m. ET
Register: cardi-oh.org/echo/register

BHP Children's Health Collaborative

Improving Youth Wellness and Academic Success

Primary Care & Behavioral Health Providers

Akron Children's Hospital
AxessPointe
Care Alliance Health Center
Cleveland Clinic Health System
The MetroHealth System
Neighborhood Family Practice
Senders Pediatrics
University Hospitals Rainbow Babies & Children's Hospital
Zest Pediatrics

Academic

Akron Public Schools
Cleveland Metropolitan School District
Lakewood City Schools
Say Yes to Education
Stark County Educational Service Center
Summit Education Initiative

Public Health

Cleveland Department of Public Health
Cuyahoga County Board of Health
Summit County Public Health

Data Integration

OHIP (Ohio Health Information Partnership) -
Clinisync
Unite Us

Social Services and Community Coalitions

Cuyahoga County Invest in Children
Cleveland Lead Safe Coalition
Pathways Community HUB Agencies

State, National Payers

AmeriHealth Caritas
Buckeye Health Plan
CareSource
Molina
UnitedHealthcare

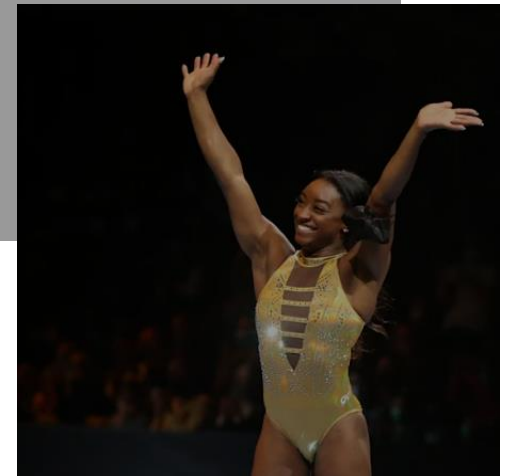
Funding

Bruening Foundation
Centers for Disease Control (REACH)
UnitedHealthcare

Celebrity Engagement & Advocacy

Exclusive! Simone Biles on sparking mental health conversation: "We're going through it together."

The seven-time Olympic medallist opens up on global mental health discussion that she started at Tokyo 2020, shares advice for young athletes and reveals future plans in an exclusive olympics.com interview.



3 Things
Michael Phelps
Learned From
His Depression Struggles

 **Better Health**
Partnership
Collaborating for a healthy community

Celebrity Engagement & Advocacy



Beyoncé

"It was beginning to get fuzzy—I couldn't even tell which day or which city I was at. I would sit there at ceremonies and they would give me an award and I was just thinking about the next performance," she told *The Sun* in 2011. "My mother was very persistent and she kept saying that I had to take care of my mental health."



Chrissy Teigen

"I also just didn't think it could happen to me. I have a great life. I have all the help I could need: John, my mother (who lives with us), a nanny. But postpartum does not discriminate," she wrote in an essay for *Glamour*. "I couldn't control it. And that's part of the reason it took me so long to speak up: I felt selfish, icky, and weird saying aloud that I'm struggling. Sometimes I still do."



Adele

"I can slip in and out of [depression] quite easily," Adele told *Vanity Fair*. "I had really bad postpartum depression after I had my son, and it frightened me," she said. "I didn't talk to anyone about it. I was very reluctant...Four of my friends felt the same way I did, and everyone was too embarrassed to talk about it."



Ellen DeGeneres

"When I walked out of the studio after five years of working so hard, knowing I had been treated so disrespectfully for no other reason than I was gay, I just went into this deep, deep depression. It's so corny but it's true. You have no idea where the darkest times of your life might end, so you have to just keep going," she explained.

'Ted Lasso' cast visits White House to talk about mental health

<https://www.nbcnews.com/politics/white-house/ted...>

Web Mar 20, 2023 · Jason Sudeikis speaks alongside fellow castmates from "Ted Lasso" at the White House on Monday. Saul Loeb / AFP - Getty Images. After Sudeikis finished his ...

News about Ted Lasso Mental Health

<bing.com/news>



How Ted Lasso Does A Tremendous Job Of Discussing Mental Health

Since its debut in August 2020, *Ted Lasso* has not only been one of the best shows ...

Celebrity Engagement & Advocacy



Emerging Collaborations for Mental Health Wellness Today's Featured Speakers



Rick Oliver, PCC

Director of Crisis &
Trauma Services



Jonathan Lee, LICDC

Founder & CEO



Laurie Greco, PhD

Medical Director Behavioral Health



THANK YOU FOR ATTENDING!

2023 Annual Report to the Community

FEATURING

Emerging Collaborations for
Mental Health Wellness



Rick Oliver, PCC
FrontLine Service



Jonathan Lee, LICDC
Signature Health



Laurie Greco, PhD
AmeriHealth Caritas Ohio