Emerging Collaborations for Mental Health Wellness Today's Featured Speakers



Jonathan Lee, LICDC

Founder & CEO



When you need help now®



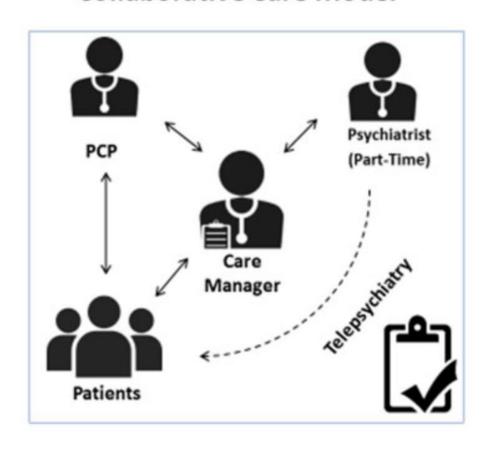
When you need help now.®

Emerging Collaborations for Mental Health Wellness

Scaling the Collaborative Care Model

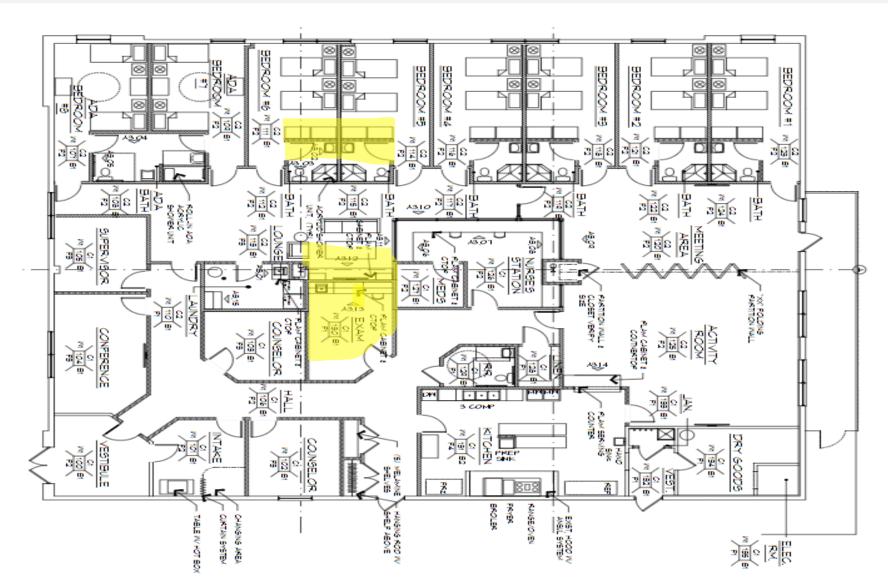


Collaborative Care Model



MERT-Medically Enhanced Residential Treatment





Universal Hepatitis Screening





30% of our MAT Patients test positive for Hep C!!

Call to Action – HEDIS Measures (Process Oriented)



Effectiveness of care

- · Antidepressant Medication Management
- Follow-Up Care for Children Prescribed ADHD Medication
- Follow-Up After Hospitalization for Mental Illness
- Follow-Up After Emergency Department Visit for Mental Illness
- Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence
- Diabetes and Cardiovascular Disease Screening and Monitoring for People With Schizophrenia or Bipolar Disorder
- Adherence to Antipsychotic Medications for Individuals With Schizophrenia
- Metabolic Monitoring for Children and Adolescents on Antipsychotics

Access/ Availability of Care

• Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics

Utilization

Mental Health Utilization

Measure collected using electronic clinical data systems

- Depression Screening and Follow-Up for Adolescents and Adults
- <u>Utilization of the PHQ-9 to Monitor Depression Symptoms for Adolescents and Adults</u>
- Depression Remission or Response for Adolescents and Adults
- · Unhealthy Alcohol Use Screening and Follow-Up
- Prenatal Depression Screening and Follow-up
- · Postpartum Depression Screening and Follow-up

Call to Action-We Need Consensus



PRIME-MD

PATIENT HEALTH QUESTIONNAIRE (PHQ-9)

NAME:		DATE:		
Over the last 2 weeks, how often have you been				
bothered by any of the following problems? (use "<" to indicate your answer)	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself—or that you are a failure or have let yourself or your family down	0	1	2	3
 Trouble concentrating on things, such as reading the newspaper or watching television 	0	1	2	3



Using the brief PHQ-2 in combination with the PHQ-9 is much more efficient than using the full PHQ-9 for everybody.

Brooke Levis, PhD

